

Hillside Piranhas CODE OF CONDUCT: ATHLETES

The purpose of a **Code of Conduct for Athletes** is to establish a consistent expectation for athletes' behavior and to promote a positive and enjoyable swimming experience.

By signing this code of conduct, I agree to the following statements:

- I will **respect** and show **courtesy** to my teammates, swimmers on other teams, coaches, volunteers, and officials **at all times**.
- I will demonstrate good **sportsmanship** at all practices and meets.
- I will model a strong **work ethic** for my younger teammates.
- I will be **respectful** of my teammates' feelings and **personal space** and **belongings**. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate and unsportsmanlike behavior will face consequences.
- I will show respect for all facilities, and other property (including locker rooms), used during practices, competitions, and team activities.
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal, as well as, unsportsmanlike.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's rules and codes of conduct.

Electronic Communication Policy of HILLSIDE PIRAHNHAS

All communications between coaches, parents, and/or athletes must be professional in nature and for the purpose of communicating information about the athlete and team activities through the topsswimming.com website. This transparent avenue will ensure support and clarity for all. These expectations adhere to the USA Swimming Code of Conduct regarding Athlete Protection.

No electronic communication should contain or relate to any of the following:

- *drugs or alcohol use*
- *sexually oriented conversation; sexually explicit language; sexual activity*
- *the adult's personal life*
- *inappropriate or sexually explicit pictures*
- *mention of another team or swimmers in a negative manner.*
- *Use of auditory/visual recording devices, including cellphone camera, are not allowed in changing areas, restrooms or locker rooms at any swimming venue or team function.*

SOCIAL MEDIA SITES

HILLSIDE Coaches may have a personal Facebook (or other social media site) pages, but they are not permitted to have any athlete member of HILLSIDE SWIM TEAM join their personal page as a "friend."

*Coaches and athletes are not permitted to "private message" "direct message" each other through Facebook, Twitter, etc..

*HILLSIDE PIRANHAS has an official Facebook page, which is monitored by the coaches and the board. Athletes, and their parents, can "friend" the HILLSIDE Swimming Facebook page for information and updates on team-related matters.

TEXTING

Texting shall be used for the purpose of communicating information directly related to team activities. It is not an avenue to express grievances. ***I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by Coach Bill and the HILLSIDE SWIM TEAM board.***

Athlete Signature

Date