

# Stroke and Turn Officials

Stroke and Turn Officials are the stroke “referees” that monitor the strokes the swimmers are swimming. If an infraction occurs a DQ (disqualification) slip is written up and given to the starter/referee.

This job does require training in the proper stroke technique, but no certification is required for summer swimming. There is a clinic at the beginning of each season.

Some people believe it is too hard, or maybe even mean to disqualify a swimmer, but there are proper ways to swim each stroke in the sport of swimming. Stroke and Turn officials do not disqualify the swimmer, the swimmer disqualifies themselves when the stroke is done incorrectly. This helps the coaches and the swimmers know what needs to be focused on for improvements in swimming.